



Welcome Back!

Hello everyone! We are back after taking a short break, and we have come up with some new and exciting ideas. As we all know it's that time of the year, when everyone wants to lose weight and get healthier. So come and join us at FIT where we will help you on your journey to a healthier lifestyle. FIT is a walking program that will track your miles walked, and provide information on eating and living healthier.

Harveston Community Park

28582 Harveston Dr

Days: Mon– Fri.

Time: 6:00-8:00pm

Fee: FREE

Ages: All